



PUHSD DISTANCE LEARNING BELL SCHEDULE - COMPREHENSIVE HIGH SCHOOLS

HERITAGE HIGH SCHOOL - PERRIS HIGH SCHOOL - PALOMA VALLEY HIGH SCHOOL

**TEACHERS MAY REQUEST FOR STUDENTS TO PARTICIPATE IN ADDITIONAL SYNCHRONOUS CLASSROOM SESSIONS*

MONDAY/WEDNESDAY & TUESDAY/THURSDAY SCHEDULE				
PERIOD	TIME	MIN	MONDAY/WEDNESDAY	TUESDAY/THURSDAY
PERIOD 1	8:00-8:50	50	SYNCHRONOUS Direct Live Teacher Instruction	ASYNCHRONOUS Teacher Support Student Work
PASSING	8:50-8:55	5		
PERIOD 2	8:55-9:45	50	ASYNCHRONOUS Teacher Support Student Work	SYNCHRONOUS Direct Live Teacher Instruction
NUTRITION	9:45-9:55	10	NUTRITION	
PASSING	9:55-10:00	5		
PERIOD 3	10:00-10:50	50	SYNCHRONOUS Direct Live Teacher Instruction	ASYNCHRONOUS Teacher Support Student Work
PASSING	10:50-10:55	5		
PERIOD 4	10:55-11:45	50	ASYNCHRONOUS Teacher Support Student Work	SYNCHRONOUS Direct Live Teacher Instruction
LUNCH	11:45-12:25	40	LUNCH	
PASSING	12:25-12:30	5		
PERIOD 5	12:30-1:20	50	SYNCHRONOUS Direct Live Teacher Instruction	ASYNCHRONOUS Teacher Support Student Work
PASSING	1:20-1:25	5		
PERIOD 6	1:25-2:15	50	ASYNCHRONOUS Teacher Support Student Work	SYNCHRONOUS Direct Live Teacher Instruction
PASSING	2:15-2:20	5		
PERIOD 7	2:20-3:10	50	SYNCHRONOUS Direct Live Teacher Instruction	ASYNCHRONOUS Teacher Support Student Work
INSTRUCTIONAL MINUTES		350		

FRIDAY SCHEDULE			
PERIOD	TIME	MIN	FRIDAY
PERIOD 1	8:00-8:35	35	ASYNCHRONOUS Teacher Office Hours-Student Support
PERIOD 2	8:35-9:10	35	SYNCHRONOUS Live Interactive Check-In
PERIOD 3	9:10-9:45	35	ASYNCHRONOUS Teacher Office Hours-Student Support
PERIOD 4	9:45-10:20	35	ASYNCHRONOUS Teacher Office Hours-Student Support
PERIOD 5	10:20-10:55	35	ASYNCHRONOUS Teacher Office Hours-Student Support
PERIOD 6	10:55-11:30	35	ASYNCHRONOUS Teacher Office Hours-Student Support
PERIOD 7	11:30-12:00	30	ASYNCHRONOUS Teacher Office Hours-Student Support
LUNCH	12:00-12:40	40	LUNCH
PLC/COLLAB/PD	12:40-3:10	150	SPECIFIED TEACHER COLLABORATION
INSTRUCTIONAL MINUTES		240	

SYNCHRONOUS - Students learn at the same time. Communication happens in real time. Live interaction with teacher and students. Allows for timely feedback and clarification. Examples: Google Meet, Classroom Meetings, Live Chat, Live Streamed Videos, Etc.

ASYNCHRONOUS - Students learn at different times - Independent Learning. Communication is not live. Allows for flexibility and convenience. Students can work at their own pace. Examples: Email, Screencasts, Flipgrid Videos, Blog Posts/Comments, Completing Classroom Assignments, Reading, Research, Etc.